

Sandy Parks & Recreation

Thank you for choosing Sandy Parks & Recreation!

APRIL 26, 2012

440 East 8680 South • Sandy, Utah 84070 • 801-568-2900
www.sandy.utah.gov/parks

REGISTRATION INFORMATION

ONLINE REGISTRATION: www.sandy.utah.gov/parks (available for most sports and programs)
 IN PERSON: Sandy Parks & Recreation • Monday-Friday 8 a.m. to 6 p.m.



RECREATION

The Parks & Recreation staff is excited to serve you this spring and summer. Please join in the fun for one or more of our family-oriented activities. Thank you in advance for choosing Sandy Parks & Recreation for your fitness center, golf experience, recreation programs, parks and trails or 5K event.

5K Fiesta

Join us for our fourth annual 5K Fiesta run/walk.

Date: May 5
Time: 9 a.m.
Location: Falcon Park – 9200 South 1700 East
Registration: **Cost (April 1-May 2) Register early to save!**
 \$16/individual
 \$10/family member (Immediate family of 3 or more, same household)
Cost (May 3-5)
 \$20/individual (no family discount)

Packet Pickup: Friday, May 4 from 8 a.m.-6 p.m., 440 East 8680 South
 Register early! Shirt sizes will be given on a first-come, first-serve basis.

Fall Youth Sport Registration

Registration for fall youth sports begins on May 21

| Sport | Age | Early Registration Information | | Regular Registration Information | |
|-------------------|------------|--------------------------------|-----------|----------------------------------|-----------|
| | | Dates | Cost | Dates | Cost |
| Soccer | Pre-K-9th | May 21-July 5 | \$42-50 | July 6-July 12 | \$47-\$55 |
| Boys Baseball | 7-12 years | May 21-Aug. 1 | \$43-\$53 | Aug. 2-Aug. 8 | \$48-\$58 |
| T-Ball/Coachpitch | 4-7 years | May 21-Aug. 1 | \$38 | Aug. 2-Aug. 8 | \$43 |
| Girls Softball | 7-15 years | May 21-Aug. 1 | \$42-\$46 | Aug. 2-Aug. 8 | \$47-\$51 |
| Flag Football | 1-4 years | May 21-Aug. 22 | \$42 | Aug. 16-Aug. 22 | \$47 |

Look for our 2012 Summer Brochure *Your Guide to Summer Fun!* that is being mailed to residents the week of April 23. There is information for all interests, including summer camps, adult and youth recreation leagues, fitness camps, sport clinics and family activities. You can also visit us online at www.sandy.utah.gov/parks.

Family Night at the Skate Park

Family Night is a night of great fun for the whole family! Activities are free and take place on the second and fourth Mondays of the month (except on May 28 in observance of Memorial Day) to provide an opportunity for families to enjoy the city's popular skate park. On these nights we allow toddler bikes so even your smallest child can enjoy the facility. Once a month, events are sponsored by departments in the city to showcase the services they provide to the residents. Children in attendance must be accompanied by a parent or guardian.

Location: 10140 South 700 East **Time:** 6-9 p.m.

| Date | Activity/Theme | Department |
|--------------|----------------------|--------------------|
| May 14 | Safety/Helmet Night* | Fire Department |
| June 11 | Monster Madness | Public Utilities |
| June 25 | Family Skate | |
| July 9 | Olympics | Parks & Recreation |
| July 23 | Family Skate | |
| August 13 | Under the Sea | Police Department |
| August 27 | Family Skate | |
| September 10 | Out of this World | Public Works |
| September 24 | Family Skate | |

RIVER OAKS GOLF
 9300 S. Riverside Dr. • Sandy, Utah • 801-568-4657
www.sandy.utah.gov/riveroaks



Special Offer from River Oaks

Purchase eight buckets of range balls and your next bucket is free!

Special Invitation for Sandy Residents

River Oaks has a special offer for all Sandy City residents. We are offering a free small bucket of balls by bringing this article into the Pro Shop located on 9300 South Riverside Drive or the North Driving Range located at 891 West 9000 South. This offer will expire June 30.

River Oaks Pro Shop

Our Pro Shop has received all of the newest golf clothing and equipment for the 2012 Season. Stop by and see what we have to offer! We also offer a free club and golf shaft fitting using our new computerized fitting method! Call the Pro Shop at 801-568-4651 to set up your free fitting session now.

Adult Player Development Clinics Improve Your Game

We offer a five-class program designed for adults who have some golf experience, but want to enhance their skill level and improve their game. Classes began in April and will continue through September. Participants can choose a Wednesday class being held from 5:45-6:45 p.m. or a Saturday class from 10:30-11:30 a.m. The cost is \$25 per session or \$100 for the series of five classes. Each class focuses on one area and will start over every five sessions (in case you miss a certain topic or want to go through it again). The classes are as follows: Class A – Metal Woods; Class B – Irons; Class C – Short Game; Class D – Bunker Shots and Class E – Putting. To sign up or receive more information, please call 801-568-4657 or visit us online at www.sandy.utah.gov/riveroaks.

Short Game Session

Our golf professionals are available on Saturday mornings to help you with your short game skills. For only \$20, you can practice

your chipping and putting with professionals on-hand to help sharpen your skills. Sessions are every Saturday morning from 9-10 a.m. with no pre-registration required. Please meet at the River Oaks Teaching Academy located at 891 West 9000 South. For more information, please visit us online at www.sandy.utah.gov/riveroaks.

Junior Golfer Camps and Clinics

Get your Junior Golfer registered for our summer camps and clinics! Receive a sleeve of golf balls, divot tool and a River Oaks Junior Golf hat when you enroll in the program. Don't miss out on this fun and interactive junior experience!

Demo Day with Ping

River Oaks will be hosting "Demo Day" on Friday, April 27 from 10 a.m. to 5 p.m. Participants will have the opportunity to try out all of Ping's newest golf equipment for free. Be sure to check out the special pricing being offered on Demo Day only. For more information please call 801-568-4657.



Alta Canyon Sports Center
 9565 S. Highland Drive
 Sandy, Utah • 801-568-4600
www.sandy.utah.gov/acsc

Spring Tennis (ages 6 and up)

Tennis is a life-long sport that cultivates fitness, balance and focus. The mental and physical skills it develops can be carried over into all aspects of life.

Alta Canyon is offering tennis lessons this summer throughout April and May. Two week classes are being offered Monday through Thursday at 5 p.m. and 6 p.m. and are available for youth or adults, beginner to advanced. Each lesson lasts 50 minutes.

| | | | |
|----------------------------|-------------------------|--------------|------|
| Session 1: April 30-May 10 | Monday through Thursday | Cost: Member | \$40 |
| Session 2: May 14-24 | Monday through Thursday | Resident | \$45 |
| Youth/Adult Beginner | 5 or 6 p.m. | Non-Resident | \$50 |
| Youth/Adult Advanced | 5 or 6 p.m. | | |

Water Safety Instructor Certification

You can certify to become an American Red Cross Water Safety Instructor (WSI) this summer. Participants must be 16 years of age by the last day of class and pass a pre-test for swimming skills. Attendance to all classes is mandatory to receive certification. Register early, space is limited! The cost of the class is \$150.

| Dates: | Time: | |
|-----------|---------------|---------------|
| May 14-19 | Monday-Friday | 4-8 p.m. |
| | Saturday | 9 a.m.-4 p.m. |

Before and After School Program 2012-2013

Registration begins July 1. Join the fun in our Before and After School Club. Beginning with the 2012-2013 school year, our Before and After School Program will be accepting kindergarten students (morning and afternoon sessions) – sixth grade. The program offers transportation to and from school for parents. We drop off and pick up from the following schools: Brookwood, Granite, Park Lane, Peruvian Park, Quail Hollow, Silver Mesa and Willow Canyon. Parents may drop off their child(ren) between 7:10 a.m. and 7:50 p.m. and pick them up by 6 p.m.

After school children can enjoy games, arts & crafts, snacks, homework time and other activities.

Please note: This program follows the Canyons School District calendar.

| Monthly Cost | Registration Fee | Kindergarten | Grades 1-6 |
|--------------|------------------|--------------|------------|
| Member | \$50 | \$425 | \$255 |
| Non-Member | \$50 | \$475 | \$285 |

For more information, please call 801-568-4600.

Did you know that the Alta Canyon Pool is available for summer parties? Reservations are being taken now for your summer birthday party, family reunion or other special event. Please contact us at 801-568-4600 for available dates.

Member of the Month – Daymee Chan

Daymee Chan has been a member at Alta Canyon Sports Center for 19 years. Daymee explains her love for Alta Canyon is a result of the highly trained instructors who care so much about their students. "I've tried other gyms and did not like their money grabbing attitude and how they did not care about their members. I've watched Alta Canyon grow and change but what keeps bringing me back are the instructors and staff." Daymee loves the outdoor swimming pool water aerobics class so she can enjoy the mountains and the sun while she works out. She loves to cross train during her workouts, and explains how the instructors are very helpful in regards to spot training and working on any weak spots she may encounter. "They know when to push me and when to let up on me," Daymee explains. "On a personal note, I've seen some of the members go through major trauma in their lives, and the staff always goes the extra mile to express their love and concern to the individual and let the rest of the members know how the individual is doing. We are a close little family."