

## **BEREAVEMENT RESOURCES**

**ADULT BEREAVEMENT EDUCATION GROUP:** Intermountain Home Care Hospice; contact Jane Rosentreter (801-877-6587 ) for Salt Lake Area contact Stephanie Lucas (801-877-6043) Services offered statewide.

**AGAST (Alliance of Grandparents, a Support in Tragedy):** Provides a support to grandparents that are struggling with the death of a grandchild. Packets are provided for deaths from any cause. Contact (1-888-744-7437) or visit ***www.grandbrigade.org***

**BEREAVEMENT SUPPORT GROUPS:** Group topics vary from week to week. RSVP required. Contact Emily Callister at Caresource Hospice at (801-266-7200.)

**BEREAVEMENT SUPPORT GROUPS:** St. Marks Hospital. Contact (801-268-7141.)

**CARING AND SHARING ADULT GRIEF SUPPORT GROUP:** Support for those grieving the loss of a loved one. Meetings are held on the second and fourth Tuesdays of every month at 5:30 PM. Contact Kim Ryan from Harmony Hospice at (801-281-0537.)

**CARING CONNECTIONS: A HOPE AND COMFORT IN GRIEF PROGRAM:** Greif support group for people who are grieving the loss of a loved one. Groups available for children ages (7-11) also adolescents (12-17) who are grieving the death of a loved one. Suicide support group, and adjusting to the death of a loved to murder. Groups available for parents who have lost a baby.

Spanish speaking groups are available when there is enough people. There is a \$50.00 fee for the 8 week support groups. Scholarships available in approved cases. Contact Shawna Rees at (801-585-9522.)

**THE COMPASSIONATE FRIENDS OF BEREAVED PARENTS:** Support group for those who have lost children. It is a peer- to -peer international program with local meetings. For more information contact Wilbert or Francis at (801-268-9444) or visit ***www.compassionatefriends.org***.

**DIGNITY MEMORIAL AFTERCARE GRIEF RECOVERY:** Groups for adults and children when applicable. Meetings are located at the Valley View Memorial Park and Funeral Home. Contact (801-969-1081) or contact Cathy Bang at (801-201-7991.)

**FACING THE LOSS OF A LOVED ONE, CHILDREN'S GRIEF SUPPORT GROUP:** Support groups for children grades 2nd -6th. For more information contact Jordan Family Education Center at (801-565-7442, or visit [www.jordandistrict.org/depts/familyeducationcenter.org](http://www.jordandistrict.org/depts/familyeducationcenter.org).

**GRIEF SHARE:** A support group for those who have just lost someone they love. Group meetings held at Life Church on Wednesdays at 7:00 PM For more information contact (801-968-3715.)

**LARKIN MORTUARY GRIEF SUPPORT GROUPS:** Ongoing grief for adults and adolescents. Contact Carol Lee at (801-268-7141.)

**PARENTS OF MURDERED CHILDREN (UTAH CHAPTER):** Monthly grief support on the 3rd Thursday of each month at 5:30 PM for survivors of homicide. Parents of Murdered Children makes a difference through on- going emotional support, education, prevention, advocacy, and awareness. Contact Local for State of Utah at (801-955-0996), for National, contact (1-800-818-POMC.)

**SALT LAKE VALLEY ADULT GRIEF SUPPORT GROUPS:** Normal support group at IMED the second and fourth Wednesday of every month. Contact Carol Wilcox, LCSW at (801-501-2025.)

**SHARE PARENTS OF UTAH PREGNANCY AND INFANT LOSS SUPPORT:** Loss of a baby due to miscarriage, still birth, or newborn death. For more information contact, (801-272-5355) or visit [www.shareparentsofutah.org](http://www.shareparentsofutah.org).

**THE SHARING PLACE:** Providing a safe and caring environment where children who are grieving the death of a loved one may share their feelings while healing themselves. Parents can attend a group only if they have a child attending a group as well. For more information contact (801-466-6730) or visit [www.thesharingplace.org](http://www.thesharingplace.org) A self determined pledge would be accepted.

**SIDS ALLIANCE, UTAH AFFILIATE (SUDDEN INFANT DEATH SYNDROME):** Contact Lisa Hughes at (801-973-8533.)

**SUICIDE SURVIVORS:** Support group provides education and help coping with the aftermath of a suicide. Meetings located at the Murray Boys and Girls Club, are held the first and third Tuesday of every month. For more information contact Carol Wilcox, LCSW at (801-501-2025.)

**SUICIDE SURVIVORS:** For emotional support and information on the dates and times of meetings contact Cathy Bang at (801-201-7991.)